

ZOE ZONG | 宗瑜箫 (she/her)

Curriculum Vitae

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Open Science Framework: <https://osf.io/8m6ew/>

EDUCATION

Ph.D., Clinical Psychology, Georgia State University

Aug. 2024 - Present

Advisor: Cynthia Stappenbeck, Ph.D.

M.A., Clinical Psychology, Georgia State University

Aug. 2024 - Present

Advisor: Cynthia Stappenbeck, Ph.D.

Thesis (proposed August 2025): *Daily Dynamics of Minority Stress, Negative Affect, and Alcohol Use Among Sexual and Gender Minority Adults: The Moderating Role of Intersectional Microaggressions*

Chair: Cynthia Stappenbeck, Ph.D.

Committee: Isha Metzger, Ph.D. & Dominic Parrott, Ph.D.

B.A., Psychology, University of California, Berkeley

Jan. 2019 - May 2022

Minor: Data Science

Honors Thesis: *Within- and between-person relationships between negative social reactions to disclosures of sexual assault and Negative Alterations in Cognitions and Mood Posttraumatic Stress Symptoms*

Advisors: Esther Howe; Aaron Fisher, Ph.D.

HONORS AND AWARDS

Student Merit Award, 49th Annual Research Society on Alcohol (RSA) Scientific Meeting, San Antonio, TX.

June 2026

- Poster titled: *Daily Dynamics of Alcohol Use and Shame among Women who Experienced Sexual Assault.*

T32AA031818 (MPIs: Gilmore/Salazar) A-PREVENT Predoctoral Fellow, Georgia State University

Oct. 2024 - Present

- Mentorship Team: Cynthia Stappenbeck, Ph.D., Isha Metzger, Ph.D., & Claire Spears, Ph.D.
- Doctoral research training program in alcohol and violence prevention with a focus on evidence-based interventions addressing the intersection of alcohol and violence.

Research Poster Award, Institute on Violence, Abuse and Trauma (IVAT) 22nd International Summit

April 2025

- Poster titled: *Sex motives and sex-related drinking motives in women with and without sexual victimization history: A latent profile approach.*
- Awarded to outstanding and methodologically sound research study concerning interpersonal violence or trauma that can lead to meaningful practice, policies, or advocacy.

Department Scholar Award, Georgia State University

Aug. 2024 - July 2026

- Amount: \$10,320

Summer Undergraduate Research Fellowship, UC Berkeley

2021

- Research Titled: *Temporal Dynamics of PTSD Symptoms and Social Reactions after Sexual Assault: An Idiographic Network Analysis*
- Advisors: Esther Howe; Aaron Fisher, Ph.D.
- Amount: \$5,000
- Awarded to undergraduate students with innovative research questions of relevance in their discipline, a well-conceived and feasible research plan, and evidence of faculty support.

Psi Chi Honor Society in Psychology, UC Berkeley

2021

Dean's List, UC Berkeley

2019, 2020

PUBLICATIONS

1. Fisher, A. J., Howe, E., & Zong, Z. Y. (2022). Unsupervised clustering of autonomic temporal networks in clinically distressed and psychologically healthy individuals. *Behavior research and therapy*, 154, 104105. <https://doi.org/10.1016/j.brat.2022.104105>

2. Orchowski, L. M., Oesterle, D. W., **Zong, Z. Y.**, Bogen, K. W., Elwy, A. R., Berkowitz, A. D., & Pearlman, D. N. (2022). Implementing school-wide sexual assault prevention in middle schools: a qualitative analysis of school stakeholder perspectives. *Journal of Community Psychology*, 1– 21. <https://doi.org/10.1002/jcop.22974>
3. Miggantz, E. L., Orchowski, L. M., Beltran, J. L., Walter, K. H., Hollingsworth, J. C., Cue Davis, K., **Zong, Z. Y.**, Meza-Lopez, R., Hutchins, A., & Gilmore, A. K. (2023). Alcohol-involved sexual assault in the US military: a scoping review. *European journal of psychotraumatology*, 14(2), 2282020. <https://doi.org/10.1080/20008066.2023.2282020>
4. Miggantz, E. L., Prince, J. R., Walter, K. H., Jackson, E., Ray, T. N., Hollingsworth, J. C., **Zong, Z. Y.**, Meza-Lopez, R., Gilmore, A. K., Orchowski, L. M., & Davis, K. C. (2024). Sexual assault research in the military: Is oversampling necessary for representativeness? *Military Medicine*, 189(Suppl. 3), 298–305. <https://doi.org/10.1093/milmed/usae098>
5. Ray, T. N., Miggantz, E. L., Crocker, L. D., Walter, K. H., Prince, J. R., **Zong, Z. Y.**, Mayer, E. D., Sharma, A., Gilmore, A. K., Davis, K. C., & Orchowski, L. M. (2025). Modifiable Risk and Protective Factors of Sexual Aggression among U.S. Navy Service Members. *Journal of interpersonal violence*, 8862605251363619. <https://doi.org/10.1177/08862605251363619>
6. Gilmore, A. K., Leone, R. M., Reuben, K., Garner, J. B., Flowers, N., Chipman, T., Patton, E. E., Capobianco, J., **Zong, Z. Y.**, Stappenbeck, C. A., Ellis, J. R., Fortson, K., Mullican, K. N., & Larimer, M. (2025). Pilot randomized controlled trial of a tailored personalized normative feedback intervention for college student alcohol use. *Drug and alcohol dependence*, 275, 112824. <https://doi.org/10.1016/j.drugalcdep.2025.112824>
7. Aday, J. S., **Zong, Z.**, Song, J., O'Donovan, A., & Woolley, J. D. (2026). Development of a mandarin version of the five dimensional altered states of consciousness (5D-ASC) rating scale. *Drug Science, Policy and Law*, 12, 20503245251412692. <https://doi.org/10.1177/20503245251412692>
8. Walter, K. H., Crocker, L. D., Ray, T. N., Mullican, N. K., Leone, R. M., Prince, J. R., Miggantz, E. L., **Zong, Z. Y.**, Mayer, E. D., Sharma, A., Kaysen, D. L., Davis, K. C., Orchowski, L. M., & Gilmore, A. K. (2026). Behaviors and Norms Regarding Sexual Violence and Alcohol Use: How Do Service Members and College Students Compare. *Journal of Studies on Alcohol and Drugs*, jsad.25-00342. <https://doi.org/10.15288/jsad.25-00342>
9. **Zong, Z. Y.**, Wang, S. S., Patton, E. E., Peddle, A. K., George, W. H., Davis, K. C., & Stappenbeck, C. A. (in press). Sex motives and sex-related drinking motives in women with and without sexual victimization history: A latent profile approach.

MANUSCRIPTS SUBMITTED FOR PUBLICATION

1. Stappenbeck, C. A., Westemeier, O. R., Patton, E. E., **Zong, Z. Y.**, Peddle, A. K., Ross, B. V., & Williams, S. (2025). Using AI to obtain reproductive healthcare information by state: The potential role of victim's alcohol use and rape acknowledgement. *Manuscript submitted for publication*.
2. Chipman, T., Prince, J. R., **Zong, Z. Y.**, Ellis, J. R., Kaysen, D. L., Scheer, J. R., Salazar, L. F., & Gilmore, A. K. (2025). Sexual Assault Severity, Alcohol Use, and Alcohol-Related Consequences Among College Students. *Manuscript submitted for publication*.
3. Rizzo, A. J., Mayer, E. D., **Zong, Z. Y.**, Sharma, A., Prince, J. R., Crocker, L. D., Ray, T. N., Walter, K. H., Orchowski, L. M., Miggantz, E. L., Davis, K. C., & Gilmore, A. K. (2025). Do injunctive drinking norms impact typical and unhealthy alcohol use among US Sailors with a history of sexual assault victimization? *Manuscript submitted for publication*.
4. Rizzo, A. J., Mayer, E. D., **Zong, Z. Y.**, Sharma, A., Prince, J. R., Crocker, L. D., Ray, T. N., Walter, K. H., Orchowski, L. M., Miggantz, E. L., Davis, K. C., & Gilmore, A. K. (2026). Casual approval, hazardous results: Examining drinking attitudes, norms, and sexual assault among active duty sailors. *Manuscript submitted for publication*.
5. Crocker, L. D., Ray, T. N., Rizzo, A. J., Miggantz, E. L., Prince, J. R., **Zong, Z. Y.**, Sharma, A., Mayer, E. D., Davis, K. C., Gilmore, A. K., Orchowski, L. M., & Walter, K. H. (2026). Alcohol Use and Reduced Bystander Intervention: The Mediating Roles of Comfort with Sexism and Bystander Efficacy Among Navy Service Members. *Manuscript submitted for publication*.

MANUSCRIPTS IN PREPARATION

1. **Zong, Z. Y.**, Howe, E., & Fisher, A. J. Within- and between-person relationships between negative social reactions to disclosures of sexual assault and Negative Alterations in Cognitions and Mood Posttraumatic Stress Symptoms. *Manuscript in Preparation*.
2. Stappenbeck, C. A., Hammett, J., Patton, E. E., **Zong, Z. Y.**, Jaffe, A., & Kaysen, D. L. The Impact of Regulatory Abilities on Posttraumatic Stress and Alcohol Use Outcomes Following Completion of a Web-based Alcohol Intervention. *Manuscript in Preparation*.

3. Westemeier, O. R., Patton, E. E., **Zong, Z. Y.**, Gulati, N. K., Parrott, D. J., & Stappenbeck, C. A. Emotion Regulation, Gender, and Cyber Intimate Partner Violence. *Manuscript in Preparation*.
4. Peddle, A. K., Ross, B. V., **Zong, Z. Y.**, & Stappenbeck, C. A. Abdication of Sexual Decision Making: A Systematic Scoping Review. *Manuscript in Preparation*.
5. Patton, E. E., Williams, S., Ross, B. V., Prince, J. R., **Zong, Z. Y.**, & Stappenbeck, C. A. Seeking, drinking, and disclosing: An examination of mental health service use after sexual assault. *Manuscript in Preparation*.
6. **Zong, Z. Y.**, Salamanca, N. K., Packard, G., Metzger, I. W., & Stappenbeck, C. A. Is Sexual Violence Race-neutral? A Narrative Review of Racialized Sexualization. *Manuscript in Preparation*.
7. García-Ramírez, G., Prince, J. R., Rizzo, A. J., **Zong, Z. Y.**, Crocker, L. D., Ray, T. N., Miggantz, E. L., Davis, K. C., Orchowski, L. M., Walter, K. H., & Gilmore, A. K. The Association Between Sexual Assault Severity, Alcohol Use, and Bystander Self-Efficacy and Intent to Intervene Among Active Duty Sailors. *Manuscript in Preparation*.
8. Ross, B. V., Hammett, J. F., Patton, E. E., **Zong, Z. Y.**, Jaffe, A. E., Duckworth, J., & Stappenbeck, C. A. The Role of Intolerance of Uncertainty on the Relationship Between Sexual Assault Severity and Sex-Related Drinking Motives. *Manuscript in Preparation*.

BOOK CHAPTER

1. Stappenbeck, C. A., Jaffe, A. E., **Zong, Z. Y.**, & Hammett, J. F. (in press). Technology-based prevention and intervention programs for alcohol-facilitated violence. In D.J. Parrott & R.M. Leone (Eds.), *Alcohol-facilitated violence*.

OTHER ARTICLES

1. Orchowski, L.M., Goodwin, C.T., Hunter, J.H., & **Zong, Z.Y.** (2023). The Role of Empowerment Self-Defense in Sexual Assault Prevention. *Sexual Assault Report, Issue - 26.5*

ORAL PRESENTATIONS

1. Fisher, A. J., Howe, E., & **Zong, Z. Y.** (2021, November). *Physiological Subtypes in DSM-5 Anxiety, Depressive, and Traumatic Disorders*. In C. Christian (Chair), *Applications and Considerations for Data-Driven Personalized Treatments across forms of Psychopathology*. Symposium presentation at the Association for Cognitive and Behavioral Therapies (ABCT) 55th Annual Convention, Virtual.
2. Orchowski, L. M., Walter, K. H., Miggantz, E. L., Davis, K. C., Hollingsworth, J. C., **Zong, Z. Y.**, Meza-Lopez, R. J., Beltran, J. L., Salamanca, N. K., & Gilmore, A. K. (2022, March). *Personalized Web-Based Sexual Assault Prevention Program for Sailors*. Institute on Violence, Abuse and Trauma (IVAT) 19th International Summit, Honolulu, HI.
3. **Zong, Z. Y.**, Howe, E., & Fisher, A. J. (2022, May). *Within- and Between-person Relationships between Negative Social Reactions to Disclosures of Sexual Assault and Negative Alterations in Cognitions and Mood Posttraumatic Stress Symptoms*. In E. Howe (Chair), *The relationship between social interactions and psychological distress after trauma: Recent advances in mapping and measurement*. Symposium presentation at the Association for Psychological Science (APS) 2022 Annual Convention, Chicago, IL.
4. Silverman, A., Oesterle, D. W., **Zong, Z. Y.**, Orchowski, L. M., & Berkowitz, A. (2022, November). *Discrepancy between self and perceived peer norms regarding sexual aggression: An examination of college men*. Presentation at the American Public Health Association (APHA) 2022 Annual Meeting and Expo, Boston, MA.
5. Hollingsworth, J. C., Walter, K. H., Miggantz, E. L., Davis, K. C., Orchowski, L. M., Meza-Lopez, R. J., **Zong, Z. Y.**, Prince, J. R., Jackson, E., & Gilmore, A. K. (2023, April). *Sexual assault research in the military: Is oversampling necessary for representativeness?* Podium presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2023 Academic Research Competition (ARC), San Diego, CA.
6. Orchowski, L. M., Miggantz, E. L., Walter, K. H., Davis, K. C., Ray, T. N., **Zong, Z. Y.**, Prince, J. R., Jackson, E., & Gilmore, A. K. (2024). *Iterative Development of the +Change Alcohol and Sexual Assault Prevention Program for Sailors*. Symposium presentation at the Society for Prevention Research (SPR) 32nd Annual Meeting, Washington, DC.
7. Stappenbeck, C. A., Hammett, J. F., Patton, E. E., **Zong, Z. Y.**, Jaffe, A. E., & Kaysen, D. L. (2025, June). *The Impact of Regulatory Abilities on Posttraumatic Stress and Alcohol Use Outcomes Following a Web Based Alcohol Intervention*. Symposium presentation at the 48th Annual Research Society on Alcohol Scientific Meeting, New Orleans, LA.
8. **Zong, Z. Y.**, Salamanca, N. K., Packard, G., Metzger, I. W., & Stappenbeck, C. A. (2025, November). *Is Sexual Violence Race-neutral? A Narrative Review of Racialized Sexual Harassment and Fetishization*. Oral presentation presented at the Society for the Scientific Study of Sexuality Annual Conference, Philadelphia, PA.

POSTER PRESENTATIONS

†represents mentored undergraduate students.

1. **Zong, Z. Y.**, Howe, E., & Fisher, A. J. (2021, November). *Examining the Negative Alterations in Cognitions and Mood PTSD Symptom Cluster at the Level of Individual Emotions and Cognitions: An Idiographic Vector-autoregressive Analysis*. Poster presented at the Association for Cognitive and Behavioral Therapies (ABCT) 55th Annual Convention, Virtual.
2. **Zong, Z. Y.**, Howe, E., & Fisher, A. J. (2021, November). *The Differential Role of Self- versus Other-directed Negative Cognitions in PTSD Symptom Dynamics: An Idiographic Network Approach*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 37th Annual Convention, Virtual.
3. Miggantz, E. L., Orchowski, L. M., Beltran, J., Walter, K. H., Hollingsworth, J., Davis, K. C., **Zong, Z. Y.**, Meza-Lopez, R. J., Hutchins, A., & Gilmore, A. K. (2022, April). *Percentage of Alcohol-Related Sexual Assaults Among U.S. Active Duty and Reserve Service Members and Veterans: A Scoping Review*. Poster presented at the Navy Medicine Readiness and Training Command (NMRTC) 2022 Academic Research Competition (ARC), San Diego, CA.
4. Oesterle, D. W., **Zong, Z. Y.**, Bogen, K. W., Orchowski, L. M. (2022, May). *Stakeholder perceptions of factors predicting successful implementation of a sexual assault prevention program in middle schools*. Poster presented at the Colorado Pragmatic Research in Health Conference, Virtual.
5. **Zong, Z. Y.**, Howe, E., & Fisher, A. J. (2022, November). *Exploring the Temporal Dynamics of PTSD Symptoms and Social Reactions after Sexual Assault: An Idiographic Network Analysis*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 38th Annual Convention, Atlanta, GA.
6. Crocker, L. D., Ray, T. N., Rizzo, A. J., Miggantz, E. L., Prince, J. R., **Zong, Z. Y.**, Sharma, A., Mayer, E. D., Davis, K. C., Gilmore, A. K., Orchowski, L. M., & Walter, K. H. (2024, August). *Alcohol Use and Reduced Bystander Intervention: The Mediating Roles of Comfort with Sexism and Bystander Efficacy Among Service Members*. Poster presented at the Institute on Violence, Abuse and Trauma (IVAT) 30th International Summit, San Diego, CA.
7. **Zong, Z. Y.**, Wang, S. S., Patton, E. E., Peddle, A. K., George, W. H., Davis, K. C., & Stappenbeck, C. A. (2025, April). *Sex motives and sex-related drinking motives in women with and without sexual victimization history: A latent profile approach*. Poster presented at the Institute on Violence, Abuse and Trauma (IVAT) 22nd International Summit, Honolulu, HI.
8. Rizzo, A. J., Mayer, E. D., **Zong, Z. Y.**, Sharma, A., Prince, J. R., Crocker, L. D., Ray, T. N., Walter, K. H., Orchowski, L. M., Miggantz, E. L., Davis, K. C., & Gilmore, A. K. (2025, April). *Do injunctive drinking norms impact typical and unhealthy alcohol use among US Sailors with a history of sexual assault victimization?* Poster presented at the Institute on Violence, Abuse and Trauma (IVAT) 22nd International Summit, Honolulu, HI.
9. Prince, J. R., Miggantz, E. L., Ray, T. N., **Zong, Z. Y.**, Davis, K. C., Orchowski, L. M., Walter, K. H., & Gilmore, A. K. (2025, September). *The Mediating Role of Military Sexual Violence on Sexual Assault History and Alcohol Outcomes among Sailors*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 40th Annual Meeting, Boston, MA.
10. Patton, E. E., Ross, B. V., Williams, S., **Zong, Z. Y.**, & Stappenbeck, C. A. (2025, September). *Drinking Patterns and PTSD Symptomatology: The Influence of Self-Blame on Psychological Distress in College Students with a Sexual Assault History*. Poster presented at the International Society for Traumatic Stress Studies (ISTSS) 40th Annual Meeting, Boston, MA.
11. **Zong, Z. Y.**, Salamanca, N. K., Packard, G., Metzger, I. W., & Stappenbeck, C. A. (2026, March). *Is Sexual Violence Race-neutral? A Narrative Review of Racialized Sexual Harassment and Fetishization*. Poster presented at the Institute on Violence, Abuse and Trauma (IVAT) 23rd International Summit, Honolulu, HI.
12. Popescu, I.†, Johnson, R.†, **Zong, Z. Y.**, & Stappenbeck, C. A. (2026, April). *The Moderating Role of Constructive Communication in the Relationship Between Childhood Sexual Abuse and Relationship Satisfaction*. Poster presented at the 20th annual Georgia State Undergraduate Research Conference (GSURC), Atlanta, GA.
13. **Zong, Z. Y.**, Patton, E. E., Ross, B. V., Kaysen, D. L., & Stappenbeck, C. A. (2026, June). *Daily Dynamics of Alcohol Use and Shame among Women who Experienced Sexual Assault*. Poster to be presented at the 49th Annual Research Society on Alcohol (RSA) Scientific Meeting, San Antonio, TX.
14. Ross, B. V., **Zong, Z. Y.**, Patton, E. E., & Stappenbeck, C. A. (2026, November). *Self-Monitoring as an Active Ingredient: Assessment Reactivity in the Control Condition of a Web-Based Alcohol Intervention*. Poster submitted for consideration to be presented at the Association for Cognitive and Behavioral Therapies (ABCT) 60th Annual Convention, Baltimore, MD.

RESEARCH EXPERIENCES

Alcohol and Interpersonal Violence Lab at Georgia State University

Graduate Student Researcher

Principal Investigator: Cynthia A. Stappenbeck, Ph.D.

Atlanta, GA

Aug. 2024 – Present

- Conduct research on interpersonal violence, alcohol use, and just-in-time intervention for intimate partner violence.

Trauma and Health Research on Immunity, Vitality and Emotions at University of California, San Francisco San Francisco, CA
Lab Manager July 2022 – Jan. 2024

Principal Investigator: Aoife O'Donovan, Ph.D.

Optimizing Attention Bias Modification for Posttraumatic Stress Disorder: An Entirely Remote Study

- Acted as primary study coordinator for a DoD-funded randomized controlled trial utilizing a mobile application for attention-bias modification and attention-control training to reduce PTSD symptom severity.

Examining Psilocybin as an Anti-inflammatory Agent

- Acted as primary coordinator for a study examining the effects of Psilocybin on inflammation as an add-on to multiple Psilocybin-assisted psychotherapy clinical trials at the UCSF Translational Psychedelic Research Program (TrPR).

Hot Spot Mapping for Sexual Violence Prevention at Johns Hopkins Bloomberg School of Public Health Remote
LGBTQ+ Student Advisory Board Member Nov. 2021 – Sep. 2022

Principal Investigator: Michele Decker, ScD, MPH

- Served on the LGBTQ+ Student Advisory Board for a study on Hot Spot Mapping and other location-based approaches for sexual assault prevention.

Laboratory for the Research and Prevention of Interpersonal Violence at Brown University/Rhode Island Hospital Remote
Volunteer Research Assistant Apr. 2021 – June 2024

Principal Investigator: Lindsay Orchowski, Ph.D.

Personalized Web-based Sexual Assault Prevention for Service Members

Principal Investigators: Lindsay Orchowski, Ph.D.; Kristen Walter, Ph.D.; Amanda Gilmore, Ph.D.

- Assisted with a DoD-funded study adapting a web-based alcohol and sexual assault prevention program for Sailors.

Community-Level Prevention of Dating and Sexual Violence in Middle Schools

- Coded qualitative interviews with stakeholders from middle schools using NVivo under the CFIR framework.

Idiographic Dynamics Lab at University of California, Berkeley Berkeley, CA
Lead Research Assistant Jan. 2020 – May 2022

Principal Investigator: Aaron Fisher, Ph.D.; Graduate Student Mentor: Esther Howe

Personalizing Psychotherapy for GAD and MDD

- Co-managed a team of 14 RAs on studies utilizing psychophysiological data to study intraindividual physiological processes.

Towards Early Prediction of PTSD after Sexual Assault

- Acted as primary coordinator for a study utilizing ecological momentary assessment (EMA) to examine PTSD symptoms, social reactions, and substance use in women who experienced sexual assault within past 15 days.

SUPERVISED CLINICAL EXPERIENCES

Adult Psychotherapy Practicum Georgia State University Psychology Clinic
Graduate Student Clinician Jan. 2025 – Present

Supervisor: Suzann Lawry, Ph.D.

- Provide weekly individual therapy for two adult clients.
- Participate in weekly group and individual supervision to conceptualize cases, establish treatment plans, and monitor treatment progress.

Child Psychoeducational Assessment Practicum Georgia State University Psychology Clinic
Graduate Student Clinician Aug. 2025 – Apr. 2026

Supervisor: Andrea Miller, Ph.D.

- Conducted comprehensive psychoeducational evaluations for children and adolescents aged 7-14.
- Performed clinical interviews with families, administered psychological and neuropsychological assessment instruments, scored and interpreted test results, conceptualized cases, and generated recommendations based on assessment results.
- Wrote comprehensive evaluation reports and delivered feedback to clients and families.

Crisis Support Services of Alameda County Oakland, CA
Crisis Counselor July 2021 – Apr. 2023

- Completed 50 hours of clinical training on crisis support, suicide assessment, safety planning, emergency procedures, abuse assessment, and community resources.
- Volunteered on the crisis line for 250+ hours as a crisis counselor and assisted individuals in acute mental health crises under supervision

OTHER CLINICAL EXPERIENCES

Child Psychoeducational Assessment Practicum

Graduate Student Apprentice

Georgia State University Psychology Clinic

Jan. 2025 – May. 2025

Supervisor: Andrea Miller, Ph.D.

- Observed comprehensive child psychoeducational evaluation process by watching recorded assessment tapes.
- Attended weekly 2-hour group supervision with the supervising psychologist and senior student clinicians.

Adult Psychotherapy Practicum

Graduate Student Apprentice

Georgia State University Psychology Clinic

Aug. 2024 – Dec. 2024

Supervisor: Suzann Lawry, Ph.D.

- Observed adult individual psychotherapy process by watching recorded therapy tapes.
- Engaged in bi-weekly 2-hour group supervision with the supervising psychologist and senior students clinicians.

Student-to-Student Peer Counseling

Peer Counselor

University of California, Berkeley

Aug. 2019 – Dec. 2021

- Supported students as a trained peer counselor using Person-Centered/Rogerian Therapy approach for one hour per week.
- Trained 8 new peer counselors through workshops and 30+ hours of model dyads.

LEADERSHIP

PATH to Care Center - UC Berkeley Sexual Violence and Sexual Harassment Prevention Center

Peer Coordinator

Berkeley, CA

May 2021 – May 2022

- Facilitated workshops for student organizations on topics related to sexual violence and sexual harassment, bystander intervention, consent and boundaries, alcohol and substance use, and healthy relationships.
- Consulted with undergraduate leadership to deliver tailored sexual violence prevention workshops, programs, and toolkits through a trauma-informed, survivor-centered lens.
- Developed SVSH related policy, protocol, and detailed process of response and resolution for student organizations.

Introduction to Counseling and Mental Health, UC Berkeley Decal Program

Lead Course facilitator

Berkeley, CA

Jan. 2020 – May 2022

Faculty Sponsor: Nancy Liu, Ph.D.

- Led a weekly introductory class on counseling and mental health for a total of 100+ hours.
- Taught 120+ Berkeley undergraduate students on peer-counseling methods, various mental health conditions, and the application of theoretical knowledge to real-life situations.

AFFILIATIONS

Association for Behavioral and Cognitive Therapies (ABCT)

November 2020 – Present

- Clinical Research and Methods Special Interest Group
- Child Maltreatment and Interpersonal Violence Special Interest Group

International Society for Traumatic Stress Studies (ISTSS)

July 2021 – Present

- Research Methods Special Interest Group
- Trauma, Health, and Primary Care Special Interest Group
- Trauma and Substance Use Special Interest Group

Institute on Violence, Abuse, & Trauma (IVAT)

April 2025 – Present

Society for the Scientific Study of Sexuality (SSSS)

November 2025 – Present

- Race and Ethnicity Special Interest Group

Research Society on Alcoholism (RSA)

April 2026 – Present

OTHER

Language: Fluent in Mandarin and English, proficient in Korean

Technology: R & RStudio, Python, SPSS, GitHub, MindWare, Qualtrics, LifeData, NVivo, LaTeX, Shiny Web App, IRiS, Ripple, Cayuse